

December 15, 2025



# AP-OD Family Connections

## Message from AP-OD

### Happy Holidays and Season's Greetings!

As this year comes to a close, we reflect on the connection and strength we've shared as a community. Together, we have navigated and overcome the challenges of this year, a true testament to our resilience when we look out for each other in community. Every parent's and caregiver's dedication to uplift their family and nurture their children's wellbeing inspires us daily. Thank you for being the foundation of our work.

We look forward to partnering with you in 2026, ready to embrace new opportunities and build a more prosperous, successful future together. We wish you a peaceful holiday season and a New Year filled with hope, joy, and wonderful moments with your family.

**Adrián Pedroza**  
National Executive Director

## AP-OD Parent Spotlight



### Centro Hispano Parents Leading with Strength and Connection

This month, we are honored to spotlight the inspiring parents from [Centro Hispano](#), who continue to demonstrate the strength, culture, and resilience that uplift families and communities.

Through the AP-OD program, these parents came together to learn, share their wisdom, and support one another by building community while strengthening their leadership to build a better future for their children. Their commitment is a powerful reminder that when parents lead, communities grow stronger.

We invite you to take a moment to celebrate their accomplishments and hear directly from the parents themselves in this touching highlight shared by Centro Hispano.

[Watch the video here](#)

Thank you to the Centro Hispano parent community for your dedication, your voice, and the love you pour into your families and your future.





## Tip of the Month



### Fun & Connection for the Whole Family this Winter

Winter brings cozy days, holiday lights, and time spent together, making it a perfect chance to slow down, connect, and make memories with your children. Our [Winter Activity Guide](#) has lots of simple, creative ideas to help your family enjoy this season, from indoor crafts to cozy reading nights to fun family games.

#### How you can use the guide this month:

-  **Pick one activity each week as a “family time” moment** — whether it’s a craft, a story circle, a dance-around-the-living-room session, or building a blanket fort.
-  **Keep it simple** — even 10–15 minutes of shared time can make a big difference in helping children feel loved, seen, and connected.
-  **Let children help choose the activity** — it gives them a voice, boosts their confidence, and brings energy to your time together.
-  **Take a break from screens when possible:** use this time to unplug, chat, laugh, and enjoy the season as a family.

**Bonus:** These moments help build traditions and strengthen family bonds.

[Check out the Full Winter Activities Guide](#)

We hope this season brings many moments of joy, connection, and togetherness for your family.

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# Upcoming Events and Workshops



**Stay tuned for more  
events and workshops  
coming in 2026!**



## Community Building

### We want to hear from you!

As we close out this year, we want to express our gratitude for being part of our AP-OD community and for taking the time each month to read and share this newsletter. Your ideas, experiences, and voices truly guide the work we do. As we prepare for the upcoming year, we would love to hear from you on what topics would be most helpful for your family and community.

[\*\*Click here to let us know what you want to see in 2026\*\*](#)



**Saying** "What we learn as a family lasts a lifetime."

*Thank you for your support and for taking the time to look through the resources we share. We value your trust and are grateful to have you as part of our community.*

*Our offices will be closed for the holiday break from December 22nd through January 2nd. The next issue of Family Connections will be posted on January 15, 2026. Until next year!*